

Ram Pride TEAM Camp
Registration Form
(please PRINT)

Athlete

Street Address

City Zip

Height: _____ / Weight: _____

Primary Phone #

Secondary Phone #

Grade Entering: _____

School (circle): ERMS NRMS RFC RHS

T-Shirt Size (Circle)

Mens: LG XL XXL

I understand that the applicant will be engaging in physical activity during this camp, which contains an inherent risk of physical injury. The undersigned assumes full responsibility for any and all injuries which the applicant may incur while participating in the Ram Pride TEAM Camp.

Parent Signature

Parent Name (printed)

Date: _____



**1992, '96, '97, '98, '01
OK-RED CHAMPS**

**1996, '97, '98, '99, '04
MHSAA "FINAL FOUR"**

**2004 Division 1
STATE
CHAMPIONS**



www.rockfordfootball.com

**Ram
Pride**



**TEAM
Camp
2005**

July 12th - July 14th

Upcoming:
8th and 9th graders
along with all JV and Varsity players
(grades 10-12)

**HOME OF THE 2004
DIVISION 1 MHSAA
STATE CHAMPIONS**

Ram Pride TEAM Camp Format:

- To better acquaint ALL athletes with their program's offensive and defensive terminology.
- To learn and polish TECHNIQUE associated with each offensive and defensive position.
- To develop and raise the SKILL level associated with ALL positions.
- To become familiar with the DRILL progression associated with the Rockford High School Football Program.
- Each TEAM present will have the opportunity to have their athletes work together during group and team periods.

- ALL individuals will receive instruction during individual, group and TEAM periods.
- ALL activities will be vigorous during each non-contact practice sessions and will be in compliance with the guidelines of the MHSAA.



PARENTAL INFORMATION

Please make all checks payable to:

ROCKFORD FOOTBALL

MAIL TO:

Rockford High School
Attn: Coach Ralph Munger
4100 Kroes
Rockford, MI 49341

Phone: (S) 863-6030 or (H) 866-7797
Email Address: rmunger44@aol.com or
rmunger@rockford.k12.mi.us

Location:
Rockford High School
Practice Fields

Dates:
July 12th – 14th

Time:
8:30 am – 1:30 pm

Cost:
\$35.00 (includes daily lunch)

>>>mouth pieces required<<<

