

FUNdamental Youth Clinic 2013

For UPCOMING Grades 3 through 6

Monday, July 29th – Thursday, August 1st



ROCKFORD FOOTBALL

DIVISION 1 STATE CHAMPIONS
2004 2005 2008

FUNdamental Youth Clinic 2013 Registration Form

Future Ram Gridder (please print first and last name)

____/____/____
Date of Birth

Grade Entering
for Fall 2013

MAIL THIS FORM TO:
COACH RALPH MUNBER
Rockford High School
4100 Kroes, Rockford, MI 49341

Elementary or Middle School Attending in Fall 2013

Street Address (please print)

City

Zip Code

____/____/____
Primary Phone #

____/____/____
Cell Phone #

Email Address (Critical – please print)

T-Shirt Size (Circle Please) YOUTH: LG XL or MENS: SM MED LG XL

****be exact as possible with size**

I understand the applicant will be engaging in physical activity during camp, which contains an inherent risk of physical injury. The undersigned assumes full responsibility for any and all injuries, which the applicant may incur while participating in the Rockford Football FUNdamental Youth Clinic.

Parent Signature

Parent First & Last Name Printed

____/____/____
Date

COACH RALPH MUNGER, the **ROCKFORD FOOTBALL STAFF** along with **MEMBERS of the 2013 VARSITY FOOTBALL TEAM** are anxious and excited for the opportunity to work with each of this year's participants.

ROCKFORD FUNDAMENTAL YOUTH CLINIC 2013

Parents are welcome to bring along their cameras, video cameras and lawn chairs daily.

WE INVITE ALL UPCOMING 3RD AND 4TH GRADERS AND UPCOMING 5TH AND 6TH GRADERS TO FOUR DAYS OF **NON-CONTACT FUNDAMENTAL DRILL WORK** ASSOCIATED WITH PLAYING FOOTBALL IN A SAFE AND SUCCESSFUL MANNER.

FOR: Upcoming 3rd and 4th graders and Upcoming 5th and 6th graders
DATES /TIMES: July 29th through August 1st from 9:00 AM to 12:30 PM daily
REGISTRATION: The PLAZA area of the TED
EQUIPMENT: NO EQUIPMENT as this is a NON-CONTACT Clinic (football shoes are acceptable but not required)
COST: **\$60.00 prior to or on July 3rd / NO REFUNDS Issued**
After July 3rd Late Registration is \$70.00
REGISTRATION: **WEDNESDAY, JULY 3rd / LATE REGISTRATIONS are accepted but**
DEADLINE **there is NO GUARANTEE of CLINIC ISSUED ITEMS**

PLEASE MAKE CHECKS PAYABLE TO ROCKFORD FOOTBALL
PLEASE DO NOT have your check reflect payment of additional Rockford Sports Camps

CURRICULUM=SKILL DEVELOPMENT AND INSTRUCTION IN PROPER AND SAFE TECHNIQUES USED IN:

- STANCE AND STARTS
- PULLING TECHNIQUES
- BLOCKING AND TACKLING
- PASSING MECHANICS
- RECEIVING TIPS
- HAND OFF MECHANICS
- LONG SNAPPING MECHANICS
- PLACE KICKING MECHANICS
- PUNTING FUNDAMENTALS



DRILL WORK EMPHASIZING:

- BALL SECURITY
- BALL RECOVERY
- SCOOP AND SCORE
- BLOCKING PUNTS
- INTERCEPTING TECHNIQUE
- BALL REACTION
- RUNNING PROPER PASS ROUTES
- EMPHASIS ON FOOTWORK DRILLS

PARTICIPANTS WILL ENJOY 7 ON 7 ACTIVITIES ALONG WITH VARIOUS SKILL

MAIL THE BACKSIDE OF THIS FORM TO:

COACH RALPH MUNGER • ROCKFORD HIGH SCHOOL • 4100 KROES • ROCKFORD, MI 49341

Parents: don't miss "GAME DAY Thursday." It is a day that is action packed and full of excitement!

??QUESTIONS??
CALL COACH MUNGER
AT (H) 866-7797 OR (C) 204-1857
Email Address: rmunger44@aol.com

PLEASE MAKE
CHECKS
PAYABLE TO
ROCKFORD
FOOTBALL